



Eat Well • Eat Welsh

## BREAKFAST MENU

*Served till 11am*

At Forage, you will find a range of seasonal dishes, with many of the principal ingredients sourced from our own farm. Our chefs put together menus that showcase the very best of locally sourced, fresh produce, resulting in delicious food of the highest quality.

### **Full Welsh Breakfast £10**

Butcher's Sausage, Smoked Bacon, Potato Rosti, Portabello Mushroom, Beans, Black Pudding, Grilled Tomato & A Choice Of Penllyn Estate Free Range Egg

### **Eggs Benedict £8.50**

Penllyn Estate Free Range Poached Eggs, Smoked Ham, Hollandaise Sauce

### **Eggs Royale £9.50**

Penllyn Estate Free Range Poached Eggs, Smoked Salmon, Hollandaise Sauce

### **Smoked Bacon Roll £5**

Add Penllyn Estate Free Range Egg +£1

### **Butchers Sausage Roll £5.50**

Add Penllyn Estate Free Range Egg +£1

### **Avocado Toast £6.50 (VG)**

Toasted Sourdough, Avocado, Chilli Jam, Rocket Pesto, Beetroot

### **Toasted Sourdough £2 (VG)**

Add Tiptree Jam +£0.80  
Strawberry, Raspberry or  
Orange Marmalade

## **BREAKFAST WRAPS**

**Butcher's Sausage,  
Smoked Bacon, Potato Rosti,  
Welsh Cheddar £7.50**

**Avocado, Vine Tomato, Potato Rosti,  
Grilled Teifi Halloumi £7.50 (V)**

**(V) Vegetarian (VG) Vegan**

*Please inform a member of staff for any dietary requirements you have.*

**N.B.:** While we do our utmost to accommodate dietary requirements, we do use gluten, nuts and animal products in our kitchen and cannot 100% guarantee no cross-contamination.